

The first quarter of 2025 was marked by vibrant celebrations, impactful community programs, national recognitions, strategic collaborations, and deepened engagement with global and local partners. From celebrating the New Year with Bengaluru Police to empowering elderly citizens and expanding the assistive technology outreach, our collective efforts continue to shape a more inclusive society.

Mobility India Welcomes 2025

The New Year began on a wonderful note with vibrant celebrations organized in collaboration with the **Bengaluru Police**, fostering a spirit of inclusion and partnership. The event was graced by esteemed dignitaries:

- **Dr. Chandragupta IPS**, Additional Commissioner of Police (Crime), Bengaluru
- **Sri Hakay Akshay Machindra IPS**, Deputy Commissioner of Police, City Crime Branch – 1
- **Sri R Srinivas Gowda IPS**, Deputy Commissioner of Police, City Crime Branch – 2
- Senior officers and personnel from the Bengaluru City Police Department

The event concluded with warm interactions between the police officers and children and adults with disabilities.

The celebration set the tone for the year, reaffirming our shared commitment to creating a safer, more inclusive society for persons with disabilities and marginalized communities.



Empowering Frontline Workers through Training Initiatives

As part of its ongoing efforts to build inclusive communities, Mobility India conducted a series of capacity-building training sessions across the **Bengaluru Urban District for ASHA workers, Anganwadi workers**, caregivers, and individuals with disabilities. These trainings focused on disability awareness, early identification and intervention, assistive technology, and nutrition.

In collaboration with the **Bommanahalli and Bengaluru South BBMP Zones**, Mobility India organized six targeted training sessions for **181 ASHA workers**. These sessions were delivered in two phases:

- **Phase 1 equipped 116 ASHA workers** with skills to identify early signs of disability and initiate referrals for assistive devices and skill training.
- Phase 2 provided refresher training for the same group on assistive technology and nutrition, while an additional **65 ASHA workers** received Phase 1 training during this period.

Furthermore, three comprehensive training sessions were held for **266 Anganwadi workers** across the district. The sessions covered a range of topics, including disability classification, early intervention strategies, appropriate assistive solutions, and nutritional guidance. These frontline workers are now better equipped to identify children with disabilities and connect them to essential rehabilitation and support services.



An additional session for **45 Anganwadi workers** reinforced the importance of inclusive education and timely intervention, ensuring more children are reached during their developmental years.

Building Field-Level Capacity for Child Protection and Inclusion

On **March 7, 2025**, a district-level capacity-building programme was organised in **Tumkur for 85 Village Rehabilitation Workers (VRWs)** and Multilevel Rehabilitation Workers (MRWs). The session focused on strengthening their role in protecting child rights and promoting disability-inclusive services at the grassroots level.



Key topics included:

- Importance of accurate data collection at the Panchayat level for inclusive planning
- Legal frameworks such as the Right to Education Act (2009), Juvenile Justice Act (2015), POCSO Act (2012), and Prohibition of Child Marriage Act (2006)
- Community and stakeholder roles in preventing abuse and early marriage

Mr. Anand S.N., Senior Programme Manager at Mobility India, highlighted the value of data in service delivery and policy-making. **Mr. Chethan Kumar, Deputy Director, Karnataka State Commission for Protection of Child Rights**, urged stronger collaboration among local leaders, teachers, NGOs, and health workers to create safer spaces for children.

Menstrual Hygiene Sessions in Bengaluru Government Schools

Mobility India, in collaboration with the Education Department, Block 2 of Bengaluru South District, conducted a series of training sessions on menstrual health and hygiene at eight government schools.

The sessions were held at Nayandahalli School, Metro Layout School, Arundhati Nagar School, Gangonahalli High Primary School, Nagarbhavi BBMP School, Panther Palya School, Sangamithra Vijayanagar School, and GHPS Urdu Shamanna Garden School.

A total of 317 adolescent girls attended the sessions, where they were sensitised on safe menstrual practices, personal hygiene, and the importance of breaking the silence around menstruation. Following the sessions, several teachers assured support by arranging hygiene materials in the school washrooms. Students also took initiative by monitoring cleanliness and hygiene on school campuses.



Mobility India Strengthened Elderly Care Initiatives in Tumkur District

Reinforcing its commitment to the well-being of older adults, Mobility India continued to implement programmes focused on ageing, healthcare, and assistive technology services across **Tumkur, Chikkanayakanahalli, Sira, and Turuvekere taluks**.

On February 19, 2025, a one-day awareness programme on social and assistive care for the elderly was organised in partnership with Tumkur University and the Department of Empowerment of Disabled and Senior Citizens. The event witnessed the participation of **280** individuals, including village-level and urban rehabilitation workers from eight taluks of Tumkur District.

The sessions covered key topics such as the importance of social support, legal rights, emotional well-being, and the use of assistive technology to ensure dignity and independence in old age.



Swami Japananda Ji, President of Sri Ramakrishna Ashram, and Ms. Albina Shankar, Executive Director of Mobility India, addressed the gathering, highlighting the need to respect and care for the elderly within families and society.

The event also featured experiences shared by community elders, legal guidance on the Maintenance and Welfare of Parents and

Senior Citizens Act, and discussions on caregiving, nutrition, and mental health support for older persons.

Strengthening Child Rights and Inclusive Education

Mobility India, in partnership with the Karnataka State Child Rights Protection Commission, District Legal Services Authority, Education Department, Women and Child Development Department, and District Child Protection Unit, conducted a **District-Level Workshop on Child Rights Protection and Legal Awareness on February 7, 2025**, at Bala Bhavana, Tumakuru. The workshop brought together **250 participants**, including child protection committee members, teachers, parents, and local authorities. Sessions covered school-level child protection, online safety under the POCSO Act, prevention of child marriage and abuse, and the four pillars of child rights-**Survival, Protection, Development, and Participation**.



To promote child participation in governance, **Makkala Gram Sabhas** were held in **17 Gram Panchayats** across **Chikkanayakanahalli, Sira, and Turuvekere**, engaging **2,558 children**. Children raised issues such as lack of digital access, poor sanitation, unsafe school infrastructure, and water shortages.

Mobility India also trained **Panchayat Development Officers** and **Gram Panchayat Presidents** to support the

inclusion of children with disabilities in Gram Sabha proceedings, fostering inclusive local governance and community accountability.

Ensuring Safe Drinking Water for Anganwadi Children in Tumkur

Access to clean drinking water is vital for every child's health and development. Recognising this, Mobility India, in collaboration with the **Education Department** and the **Department of Women and Child Development**, launched a water safety initiative in Tumkur District.

As part of this effort, **water purifiers were installed in 40 Anganwadi centres-20** each in **Chikkanayakanahalli** and **Sira taluks**-identified based on accessibility, enrolment, and health needs. The initiative was officially launched in the presence of:

- **Mr. Krishnappa**, Block Education Officer
- **Mr. M. Rajanayak**, Child Development Project Officer
- **Ms. Albina Shankar**, Executive Director, Mobility India
- **Mr. Anand S.N.**, Senior Programme Manager, Mobility India

This intervention was aimed at benefitting **hundreds of children aged 0-6 years**, improving health, nutrition, and school readiness, while reducing waterborne diseases



Skill Training and Livelihood Support

Mobility India conducted skill development programmes for persons with disabilities, caregivers, and unemployed youth to enhance employability in blue-collar sectors. A total of **48 individuals** (3 males, 45 females) were referred for training in **geriatric care, graphic design, office management, Tally (Levels 1 & 2), dress and fashion designing, and beautician courses**, following a session on **Life Skills, Personality Development, and Motivation**.

As part of the **International Women's Day** event, certificates were distributed to **19 participants** trained at **Educare Tailoring Center, SH Fashion Designing Centre, and SH Beautician Centre**. Among them:

- **2** secured jobs,
- **10** were ready to enter the workforce, and
- **7** opted for home-based work due to caregiving responsibilities.

With support from **Educare Tailoring Centre** and MI, **9 sewing machines** were arranged to help participants begin home-based tailoring. Additionally, **3 individuals** (1 with disability, 2 family members) secured tailoring jobs with **Cocoon People**, earning ₹10,000/month.

To boost employment, the team conducted networking meetings with placement agencies and skill training institutions. Two candidates were placed at Amazon and an amplifier company, and four others secured jobs at **Truness Home Health Care** and **EduCare Tailoring Centre**.



Mobility India Marks International Wheelchair Day with Awareness Events



To commemorate **International Wheelchair Day (March 1st)**, Mobility India organised a series of awareness programmes to highlight the importance of assistive technology in promoting independence and dignity for wheelchair users.

In **Hyderabad**, an awareness session was conducted on **28th February 2025** at **NIEPID**, drawing **175 participants**. The programme focused on **WHO guidelines on Assistive Technology (AT)** accessibility and its critical role in

rehabilitation. **Mr. Sama Raju** led in-depth discussions on global and national policies related to AT and emphasised the responsibility of professionals in advancing inclusive practices. A live demonstration of various assistive devices showcased their impact on mobility and self-reliance, followed by an interactive Q&A session addressing challenges and innovations in AT adoption. The event reinforced Mobility India Hyderabad's ongoing collaboration with NIEPID for future training and accessibility initiatives.



In **Bengaluru**, Mobility India hosted an awareness programme featuring **Ms. Sarah Frost**, an Assistive Technology Consultant, who shared insights on her work with wheelchair users, and **Mr. Richard**, Business Director at **SCOOT**, who delivered a talk titled *"#Unstoppable: Creating an Inclusive and Accessible World for Wheelchair Users."* A compelling panel discussion followed, where wheelchair users from the community shared personal journeys, highlighting the life-changing impact of wheelchairs in their daily lives.



The event engaged **120 students from RV College** along with Mobility India students, offering them a deeper understanding of the importance of wheelchairs in fostering independence, dignity, and empowerment of wheelchair users.

Promoting Development Through Play: Inclusive Therapy Sessions held in Bangalore and Tumkur District

Mobility India organised a series of **Play Therapy sessions** aimed at enhancing motor skills, sensory development, and social interaction among children with disabilities. These sessions, held in **Bengaluru**, **Chikkanayakanahalli**, and **Tumkur**, provided children and caregivers with inclusive and joyful learning experiences.

In **Bengaluru**, the session titled **"Play & Sway - Moving Every Day"** was held in **January 2025**, focusing on movement-based activities that encouraged physical engagement and parent-child bonding. The session combined music, storytelling, and structured play to support holistic child development.



In **Chikkanayakanahalli (24th March)** and **Tumkur (25th March)**, play therapy sessions saw enthusiastic participation. Children engaged in a variety of activities, including:

- **Drawing and colouring** -to build eye-hand coordination
- **Thread colouring** - to support colour recognition
- **Ball in the bucket and passing the ball**-to improve grasp, coordination, and upper limb strength
- **Pyramid blowing game**-to enhance respiratory function
- **Music and movement**-to deepen parent-child interaction

Each session concluded with a **handprint activity**, a symbolic gesture recognising each child's presence and participation. Parents expressed deep appreciation for the sessions, noting their children's visible improvements and encouraging others to attend therapy regularly.



The **Chikkanayakanahalli session**, held in collaboration with the **Sakya Foundation**, featured the presence of **MLA Mrs. Suresh Babu** and **Mrs. Parasuram** from Tumkur University. They spoke on the importance of early intervention and community involvement. During the event, **Mobility India** provided **six positional devices** and **one reverse walker** to support children's mobility.

Across all three locations, **85 children and caregivers** participated. These initiatives created a warm, supportive environment that nurtured growth, creativity, and inclusion through the power of play.



Knowledge Sharing at National Conferences

Mobility India continued its active engagement in national forums through participation and presentations at key conferences in early 2025.

At **MIDCON 2025**, held in **Visakhapatnam** on **February 1–2, 2025**, **Mr. Guru**, **Mr. Mohammed Nayaz**, and **Mr. John Wesley** represented Mobility India. Mr. John Wesley presented a research paper titled *“Efficacy of Custom-Made Insoles Versus Therapeutic Exercises in Flexible Flat Feet: A Comparative Study,”* contributing to evidence-based discussions in the field of rehabilitation.



On **March 9, 2025**, **Mr. Kamaraj** was invited as a **Guest Speaker** at the **6th RehabCon**, organised by the **Institute of Neurosciences (IN-K), Kolkata**, focusing on **Sports Injury Rehabilitation**. He delivered a session on *“The Role of Orthotics, Prosthetics, and Wheelchair Counselling in Sports Injury Rehabilitation,”* highlighting the importance of multidisciplinary approaches in recovery and performance enhancement.

Awareness, Exposure Visits, and Institutional Collaborations

Mobility India continued its outreach and collaboration with educational institutions and service providers to promote inclusion and awareness in rehabilitation.

On **12th March 2025**, **Ms. Firdose** participated in a **school exposure visit** to **Pyramid Valley** and **Cubbon Park Museum**, organised by **Block 3 BRC, Bengaluru South Education Block**. The visit involved **BIERTs, schoolchildren, and children with disabilities**. Ms. Firdose conducted a session on **career guidance and disability awareness**, and led inclusive games to ensure full engagement of all children.



On **24th March 2025**, **Mobility India Hyderabad (MIH)**, in collaboration with **Youth4Jobs**, organised an orientation on *“Assistive Technology for All-WHO Concepts”*. Facilitated by **Dr. Sama Raju Reddy** and **Ms. Sofia Sulthana**, the session introduced **10 participants** to the **WHO 5P framework** (People, Products, Provision, Personnel, Policy) and the **Priority Assistive Products List (APL)**. Real-life case studies and hands-on demonstrations offered participants a deeper understanding of AT and its impact.

Earlier in the quarter, a **two-day orientation programme** was conducted for students of **Dayananda Sagar College of Physiotherapy** on **January 7 & 8, 2025**. Additionally, on **February 19, 2025**, **51 students and 4 faculty members** from **Swamy Vivekananda Physiotherapy College, Thiruchendur (Tamil Nadu)** visited Mobility India for a **one-day orientation session** on rehabilitation and assistive technology services.

Celebrating Sports and Culture at Mobility India

MI Annual Sports 2025: Celebrating Skill, Spirit, and Sportsmanship

Mobility India celebrated its **Annual Sports Event 2025** with great enthusiasm and participation across indoor and outdoor games. The indoor competitions were held on **12th February 2025** at the MI campus, while outdoor events took place from **13th to 14th February 2025** at **Dr. H.N. National College of Engineering, Jayanagar**.

Indoor Events Highlights:

- Winners emerged in a range of games including Carrom Doubles, Arm Wrestling, Musical Chair, Darts, Table Tennis, Chess, and the 4-Legged Triathlon.
- Notable winners included Aromal & Amarjeet (Carrom), Showkat & Humaira (Arm Wrestling), Mihir (TT Singles Boys), Daniya (TT Singles Girls), and Pradhikshan (Chess).

Outdoor Events Highlights:

- Field events like **Shot Put** saw **Madhusudhan** and **Saranya** clinch top positions.
- In **team sports**, winners were declared in **Volleyball**, **Throwball**, **Tug of War**, and **Cricket**.
- **Madhusudhan** also led the track events, winning the **100M Boys** and performing strongly in the **4x10M relay**.
- In **Throwball**, standout performers included **Siya**, **Neha**, and **Sandra**, while **Saranya**, **Monika**, and **Shifani** led the **Tug of War (Girls)** category.

The event concluded with spirited performances, showcasing athleticism, teamwork, and inclusive participation. Congratulations to all participants, winners, and organizers for making MI Annual Sports 2025 a memorable event !



MIRAAS 2025 – Cultural Fest

Held from **March 27–29, 2025**, MIRAAS 2025 brought together students' creativity, expression, and cultural pride through events such as **solo and duet songs, dance-offs, fancy dress, drawing competitions, skits, rangoli, fruit and vegetable carving, and advertisement presentation.**



Key Highlights:

- **Dhanuja, Aromal, Shifani, Madhusudhan, Monika, Ribin, and Vaishnavi** stood out with top honours in multiple categories.
- Events like **Dance Off, Treasure Hunt, and Group Performances** encouraged team spirit and artistic collaboration.
- **Guest judges** were invited to evaluate performances and motivate participants, making the event more engaging and festive.
- Both events reflected Mobility India's commitment to **holistic development**, offering students an inclusive platform to showcase their physical abilities and creative talents.

Guest Lecture with Professor Meriel Norries



On **6th February 2025**, Mobility India hosted **Professor Meriel Norries** from the University of Brunel, London, at its Rehabilitation Research & Training Centre in Bengaluru. Her insightful presentation on **innovative stroke rehabilitation** deeply inspired students of the Prosthetics & Orthotics degree programmes. A lively discussion with faculty and staff concluded the session, reinforcing the Centre's commitment to advanced clinical education.

Official Visit by Ministry Representative

The Centre also welcomed **Ms. Manmeet Kaur Nanda**, IAS, Joint Secretary at the Department of Empowerment of Persons with Disabilities, Ministry of Social Justice & Empowerment. Her visit on 6th February 2025 included interactions with the team, underlining national-level recognition and support.



Deloitte CSR Visit and Interaction with Beneficiaries

Ms. Muskhan, CSR Program Head at **Deloitte**, visited **Mobility India** to engage with beneficiaries of the skill training and micro-enterprise programs. During the visit, service users shared their experiences and the positive impact of the interventions on their livelihoods and independence.

Ms. Muskhan requested a detailed report on the **selection methodology for skill training and micro-enterprise support**, which was subsequently submitted by the project team. The visit helped strengthen collaboration and showcased the effectiveness of community-based rehabilitation efforts.



Awards and Recognitions: Celebrating Leadership and Inclusion

Mobility India received multiple prestigious recognitions during the reporting period for its outstanding contributions to **inclusion, sustainability, and women's empowerment**.

At the **21st Annual National Business & Community Conclave & Awards (2025)**, held under the theme *Mission Viksit Bharat @2047*, **Mobility India** was presented with the **CSR & Sustainability Award 2025**. **Ms. Albina Shankar**, Executive Director, and **Ms. Jaykodi**, Sr. Manager, Resource mobilisation and communication, represented the organisation at the event.

On **March 8, 2025**, **Ms. Albina** was felicitated by **Ms. Tejaswini Ananth Kumar** and **Ms. Shreeroopa, IAS**, during an **International Women's Day** celebration hosted by the **Karnataka State Souharda Federal Cooperative Ltd**, recognising her leadership in promoting women's empowerment and disability inclusion.

Further, on **March 25, 2025**, **Mobility India** was honoured with the **Rotary DEI Excellence Award 2025** for Institutions. The award, received by **Ms. Albina Shankar**, reflects the organisation's strong and continued commitment to **diversity, equity, and inclusion** across all areas of its work.



Mobility India was awarded the prestigious CSR & Sustainability Award 2025 in the Healthcare category! Our Executive Director, Ms. Albina Shankar, and Ms. Jaykodi received this honour at the 21st National Business & Community Conclave on Mission Viksit Bharat@2047.



Rotary DEI Awards 2025 – reflecting exceptional commitment to Diversity, Equity, and Inclusion.

Support Us

Let's come together and support children and people with disabilities in gaining access to health and rehabilitation services, empowering them to lead a better quality of life.

Prosthesis

1



Developmental Devices

2



Assistive Device

3



Wheelchairs

4



Therapy Services

5



Your generous donations will make a significant impact on their

DONATE NOW!



Donate Now!

Give Monthly

Therapy for 1 Session Per Person	Rs. 450
Assistive Devices	Rs. 2,000 to 12,000
Developmental Devices Per Child	Rs. 5,000 to 12,000
Wheelchair	Rs. 20,000 to 30,000
Prosthesis	Rs. 35,000 to 60,000

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Simla Branch
Village: Hazuwa,
Near Simla Bazaar
P.O: Kaklabari
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Jalah Branch
Village: Pub Khagrabari,
Near Jalah Bazaar
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