

## Mobility India turns 28 years' old



A shared sense of purpose and dedication to the cause of keeping people connected to their community has inspired each one at Mobility India to make a difference in many lives over more than two decades.

This year, Mobility India celebrated its 28th anniversary by pledging to ensure sustained commitment to bringing about a change in the quality of life of individuals and making a lasting impact on the lives of people.

On the 2nd of August 2022, Mr. S Radhakrishnan, General Manager of State Bank of India presided over the event organized to commemorate the 28th anniversary. Mobility India's coffee table book, Joyful Journey to Jubilee, was released and the SBI-donated Mahindra Bolero vehicle was inducted during this event.

Ms. Albina Shankar, Executive Director, shared Mobility India's 27-years growth story of Mobility India, the milestones reached, the challenges faced along the way, and the accomplishments and accolades received from various bodies.

The events of the day concluded with games organized for the staff and a cultural program presented by the staff and students of Mobility India

# Workshop on KADAM Prosthetic Knee Joint



KADAM – India's first indigenous polycentric prosthetic knee joint was developed to improve the conditions for thousands of above-knee amputees by researchers at the Rehabilitation Research and Device Development Lab (R2D2) at the Indian Institute of Technology, Madras (IITM) in collaboration with the Society for Biomedical Technology (SBMT) and Mobility India.

The Society for Biomedical Technology and Mobility India organized a two-day hands-on workshop on KADAM Prosthetic Knee joint on September 8 - 9, 2022 at Mobility India, Bangalore.

Dr. N S Kumar, Scientists 'G' Associate Director DEBEL delivered the inaugural address, and highlighted the evolution of SBMT under the DRDO wing and also other developments SBMT has undertaken.

Prof. Dr. Sujatha Srinivasan IIT Madras shared the journey of KADAM and spoke about the mechanisms and biomechanical principles of the joint function and mentioned that this joint is superior to the other mechanical prosthetic knee joints available in the country and a video on "KADAM" Prosthetic Knee Joint" was shared.

17 professionals representing national institutions and NGOs gained the knowledge of KADAM Prosthetic Knee Joint and also attended the hands-on workshop.





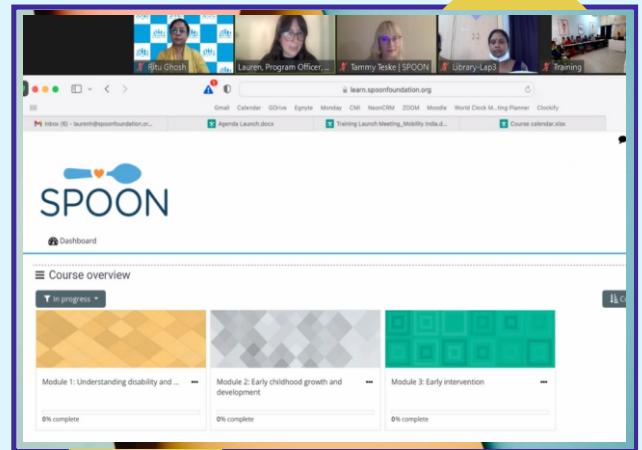
## Collaboration with SPOON FOUNDATION

The Spoon Foundation, United States, aims to empower caregivers throughout the world to feed children who are very susceptible to malnutrition. Many vulnerable individuals, especially children with disabilities are malnourished due to a lack of adequate and nutritious food.

The SPOON Foundation offers training on nutrition, feeding, and disability to professionals, who work with children or their caregivers.

The Foundation collaborated with Mobility India for field testing their modules on Disability Inclusive Child Health and Education in the development of their most recent module.

Twelve professionals participated in this training, examined their modules, and provided program feedback.



## Orientation on Kalika Chetarike



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The Department of Education (DoE) has prepared a curriculum for the Kalika

The physical closure of schools during COVID has resulted in a loss of learning equal to the sum of curricular learning that would have occurred if schools were open and what children have forgotten as a consequence of being disconnected from learning.

Chetarike program for the 2022–2023 academic year. To address the learning gap, the DoE has provided updated learning objectives, comprising the core skills of the previous two classes, the core competencies of the present class, and learning outcomes relating to basic reading and numeracy that have been included in the learning materials for 2022–2023.

The learning sheets for students in grades 1 through 9 are grouped by grade and subject. CEC tutors had a one-day orientation in Chamarajanagar with Mr. Shamsundar as the consultant. Seventeen teachers and employees engaged actively.

# Orientation on the National Education Policy 2020

Mobility India, in collaboration with the District Legal Services Authority and the school education and literacy department for CRPs, BRPs, and BIERTS, organized a workshop on the National Education Policy 2020 for Cluster Resource Persons (CRPS), Block Resource Persons (BRPS), and Block Inclusive Education Resource Teachers (BIERTS), Department of School Education and Literacy, in Chamrajnagar on 16th September 2022, and in Turuvekere on 25th August 2022.

The Resource Persons were Ms. Manjula Nanjundaiah, Director of Seva-in-action, who provided an exhaustive overview of NEP-2020. In the orientation, the function of educational institutions, the organization of elementary, secondary, and higher education, the courses, their outcomes, and skill-oriented courses was addressed. In addition, they emphasized the new characteristics of inclusive and egalitarian



education. The orientation program was attended by 173 participants.



Smt. B.S. Bharathi, District Judge and President of the District Legal Services Authority; Chamarajanagara H. K. Pandu, Principal of DIET (District Institute of Education and Training); Smt. Naveen Kumari, President of the District Consumer Court; and M. Shridhar, Senior Civil Judge and Secretary of the District Legal Services Authority, Mr. Manjunath, DDPI, Mr. Manjunath, DYPC, and Mrs. Albina Shankar, Executive Director, Mobility India, also presided the event.

Similarly, two orientation seminars for parents and members of organizations for disabled people were held in Anjanapura and Banashankari, Bangalore, with 47 participants gaining information.





## Community education tutors capacity building



Innovative teaching techniques are the most effective strategy to maintain students' interest in the material being taught. Mobility India has been consistently engaged in enhancing the teaching skills of Community Education Centre tutors in order to maintain the students' enthusiasm for education and improve their ability to comprehend the contents. Twelve tutors at the Turuvekere BRC office were taught

about classroom management and provided situation-specific remedies.

Dr. Gift Norman, President, Mr. Nagaraj, Treasurer and Mr. Vinaya K L, Secretary, of Mobility India, visited the CEC centres. The tutors demonstrated and described the teaching-learning materials. In addition, board members provided sporting equipment to the 10 CEC centres.

## Sensitization Programs

### Training on Early Identification of Children with Disabilities and Child care

Early identification can enable families, healthcare providers, and educators to be better equipped for promoting the growth, inclusion, and active involvement of children with disabilities.



To address this, Mobility India is continuously training community stakeholders so that, children with disabilities be identified early and provide early intervention. During this quarter, 7 training programs were organized for Anganwadi and Asha workers in Chamrajnagar, Turuvekere, and Chikanayakanahalli. The training was offered to 363 participants on learning identification children with disabilities, the different types of disabilities, benefits of assistive devices, and the advantages of therapy. 16 Anganwadi centers in Turuvekere and Chikanayakanahalli were given learning kits and toys through the two PHCs.

# Priority Essentials Assistive Products

Mobility India organized a one-day orientation program on Priority Assistive Products on 23rd of September 2022 for Nava Karnataka Multipurpose Rehabilitation Workers (MRW), Village Rehabilitation Workers (VRW), and Urban Rehabilitation Workers (URW) in Tumkur

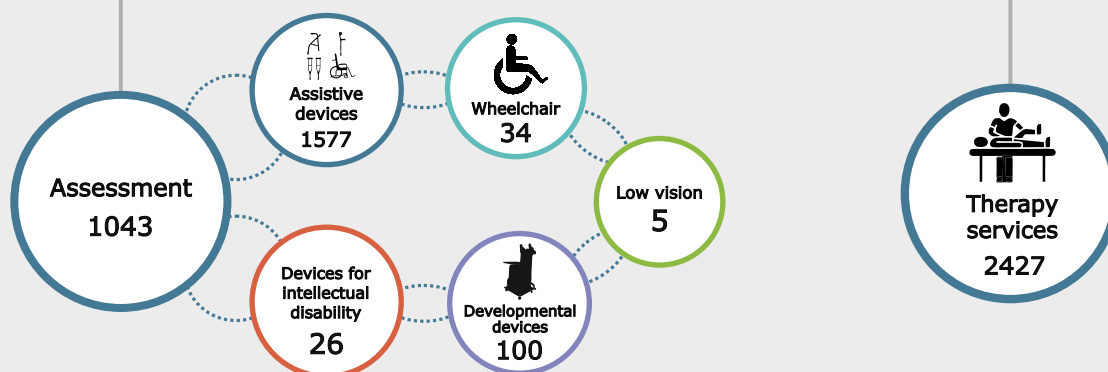
Ms. Noorunisa from Honourable Legal Service Authority was the guest of honour. She explained the facilities and rights available to people with disabilities, as well as the guidelines and measures by the government. She briefly discussed how PWDs may use government- provided services.



Mr. Sama Raju, Assistant General Manager Therapy Services and AT, gave a short description of the different assistive devices that can help not only people with disabilities but also people with strokes, diabetes, cancer, mental health problems, and mostly the elderly.

Ms. Firdose-CBR facilitator educated the group on a variety of self-care devices. About 350 participants were provided knowledge about the various assistive devices and their benefits.

## Rehabilitation services





# Parent's sensitization program on Cerebral Palsy, Intellectual Disabilities management and ADL skills

Even to this day, many people with disabilities cannot access their rights to health, education, livelihood, and social inclusion. Mobility India is addressing this by creating awareness amongst parents and other stakeholders. Two trainings were organized for parents of children with intellectual disabilities and cerebral palsy at the



BRC office, Turuvekere, Handanakere, and Kandikere Huliya Hobli. Ninety-one parents participated and gained knowledge on how they could manage children at home. Hazards related to pregnancy and preventing pre- natal risk during pregnancy were also discussed. Subsequent to the first child being diagnosed with intellectual impairment, the importance of parents attending genetic counseling was made clear. This program included disability management, rehabilitative therapy, fine and gross motor development, ADLs, and physiotherapy.

## Vaccination drive

The vaccination drive in collaboration with the Primary Health Centre, Block, and District level health departments, Gram Panchayaths, and Education Department was conducted in Arakalavadi and Honganuru PHCs.



## Career counseling



Mobility India has been making efforts to help students develop a plan for the future after completing SSLC and to increase their knowledge of the many professional courses available in science, commerce, and other fields at Yarabnagar and Anjanapura Government School. Around 123 high school students took part in the event.

# Awareness Program on Epilepsy

Epilepsy is a chronic, non-communicable condition caused by aberrant nerve cell activity in the brain. According to WHO, it's one of the most common neurological illnesses, affecting 50 million people globally. Nearly 80% of epilepsy patients live in low- and middle-income countries, although 70% could be seizure-free with proper diagnosis and treatment. Epileptics experience more fractures and bruising due to their seizures.



District level awareness program was organized for ASHA workers on epilepsy disorder at the health department (district administration office)

Chamarajanagar. Dr. Shridevi, A U Assistant professor, and Ms. Krupa A L, Ph.D. Scholar Psychiatric social work NIMHANS, Bangalore were the resource persons. They provided insight into epilepsy disorder, management, treatment, and medication support.

The other guests were Dr. Manjunath, RCHO (Reproductive and Child health officer)

Similarly, one-day awareness was conducted for parents by Dr. Deepthi N Shanbhag, Associate Professor, Department of Community Health, St. Johns Medical College, Bengaluru for parents in Bangalore urban slums., Ms Shanthamma District nursing officer, Mr Shirnivash Bhabu, district senior health supervisor, Mr. Doreswamy Nayak, District health and education officer, Mr. Prasad, District ASHA Supervisor



179 (80 Asha workers and supervisor members participated and 99 parents of Children with disabilities and Adults with disabilities) participated and gained knowledge.

After the COVID-19 pandemic, many parents lost their employment and were unable to afford treatment for their children. Mobility India has been supporting and providing essential medicine and nutritional meals on a monthly basis to many children with epilepsy.



**World Physiotherapy Day on 8th September 2022** - the theme "Prevention and Management of Osteoarthritis".

@ At the Bangalore centre the staff and the users were oriented on the prevention and management of Osteoarthritis. The staff pledged to improve their lifestyle so as to enjoy good health and experience well- being in later years.



<https://youtu.be/a0jEm6zToRE>

At the Mobility India Inclusive Development Centre, the team celebrated World Physiotherapy Day in collaboration with Chow-Lung Suo-Ka-Fa Health Care and Research Institute.

## Science Festival 2022



Every year the science festival is organized to nurture creativity and experimentation in science among students. Mobility India – Chamrajnagar organized a Science festival on 25th August 2022. Mr. Govida, District Child Protection Officer, and Mr. Robelo. Block Inclusive Education Resource Teacher (BIERT) were the guests. 68 children with disabilities and their parents participated and learned how to make Static energy and lift nodules, shimmering fish, parachutes, move a monkey, soap bubbles, and bottle rocket.



# MIRAAS - 2022 - Annual Cultural Fest

MIRAAS is an annual cultural event for students to showcase their talents. The fest showcased energetic performances in a variety of cultural events such as dance (semi-classical, folk, and freestyle), singing, cooking, Mimes, Fancy dress, ramp shows, theme-based rangoli etc. Mr. Sumit Mukherjee from MHS and Mr. Praveen Kumar from Genesis Dance Academy were the Guests of Honour .



1st Prize - BPO 3rd Year



2nd Prize - BPO 4th Year



3rd Prize - MPO 1st & 2nd Year



# Fitment program for Physical Impairment Children with disabilities



On September 20, 2022, Mobility India, Chamrajanagar, organized a one-day fitment program for children with physical impairments. Twenty-three children were fitted with 73 appropriate assistive devices. It was graced by Ms. Charulata Somal IAS, Deputy Commissioner, Chamarajanagara; Mr. Nagaraj, Treasurer; and Ms. Albina Shankar, Executive Director, Mobility India.

Ms. Charulata Somal IAS was oriented with an overview of the activities of Mobility India as well as the assistive technology available to people with disabilities.

## Published Articles

An article was published, which presents insight from a low-resource setting on the adoption of telehealth services during a pandemic for rehabilitation and AT service delivery.

The authors were Ms. Ritu Ghosh from Mobility India along with other authors from Staffordshire University, UK Public Affairs Centre, Bengaluru & Institute of Health Management Research, Bangalore



<https://www.tandfonline.com/eprint/SFA9GXVNMDDJH1CM2DF5/full?target=10.1080/10400435.2022.2095582>

## Corporate Corner

Mobility India extends sincere thanks to the members of Accenture, Mr. Abhijit Parab, and Mr. Roash Varughese for visiting #Mobility India on Tuesday 9th August 2022. It gave us an opportunity to show them the activities carried out by MI.



**Keerthana** is a 10-year-old girl who lives with her parents in Harave Hobli, Chamrajanagar. Her father does manual labour as his occupation.

Keerthana was diagnosed with cerebral palsy at the age of 2; she had difficulties balancing, walking, and standing due to weakness in her lower limbs. She lacked coordination and equilibrium and struggled with fine motor skills. The parents were unable to offer treatment to her due to a lack of knowledge and financial constraints.



At nine years old, Mobility India-Chamrajanagar identified and evaluated her. She was given regular therapy sessions. She can now walk 600 metres with a medical arc due to her improved balance. Currently, she is enrolled in school. Her parents were happy with how her therapy in MI turned out, and they now have hope that she will get better quickly.



**Mohammed Usman**, a 2-year-old boy, lives in Bangalore with his five siblings. The youngest child of the family. His father is a real estate agent. Mohammed was diagnosed with DDM (Developmental Delayed Milestones) at NIMHANS hospital at the age of 6 months. His mother noticed that he was not achieving his age-appropriate milestone like other children in his age group. It is important to note that his DDM affected his ability to react to actions, sounds, and movements around him, as he is fully dependent on his mother for all of his daily activities. His parents learned about Mobility India's rehab services through a referral from a social worker. After a thorough assessment by MI,

Mohammed is fitted with his first assistive device, a Standing Frame, which will help him stand and facilitate motor activities. Mohammed's parents were grateful for the support provided during his transition from a lying to a standing position.



# Give your Full support to.....

Let's get together and support children and people with disabilities to have access to health and rehabilitation services and lead a good quality of life

**Donate Now**



**Therapy Services**  
**₹ 500/-**



**Educational**  
**₹ 5.000/-**



**Developmental Devices**  
**₹ 8.000/-**



**Assistive Device**  
**₹ 8.000/-**



**Nutrition Food**  
**₹ 500/-**



## I Would Like to

GIVE MONTHLY	GIVE ONCE
● Nutrition Food Per Child .....Rs. 500	● Nutrition Food .....Rs.6000
● Therapy for 1 Session Per Person.....Rs. 500	● Therapy for 20 Sessions.....Rs. 10000
● Assistive Devices.....Rs. 8000 (caliper; Crutches and Walkers)	● Assistive Devices.....Rs. 96000 (Caliper; Crutches and Walkers)
● Developmental Devices Per Child.....Rs. 8000	● Developmental Devices.....Rs. 96000
● Education.....Rs. 5000	● Education.....Rs.60000

**> DONATE NOW THROUGH BANK**

**Donate Now!**



Regd. Office

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### **CBR CENTRES**

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Turuvekere and  
Chikkanayakanahalli Taluks

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