



# NEWSLETTER

April-June 2023

## Strengthening Early Identification of Disability at Primary Health Care Levels in 3 districts of Karnataka.

Training on "Disability and WHO Priority Assistive Products for Village and Urban Rehabilitation Workers" was conducted with the support of Tata Elxsi Foundation, Bangalore. This collaborative program involved Mobility India, Public Affairs Foundation, and SOCHARA, focusing on disability concerns and community health. This initiative aims to increase awareness among frontline health workers on Priority Assistive Products.

The first phase of the training was conducted in Mobility India, Bangalore for Multipurpose health workers and Village rehabilitation workers from Bangalore urban districts. 42 members, 13 women, 80% of the participants had personal experience of disabilities.

The pilot training programme was kick started in Mobility India's Centre in JP Nagar, Bangalore on 7th June 2023. Dr Arunava Mukhopadhyaya, Vice President-IT and CSR of Tata Elxsi was the chief guest. Dr Chaya Deogankar and Dr. Annapoorna Ravichander, Chairperson and Executive Director respectively of Public Affairs Centre (PAC) and Public Affairs Foundation (PAF) and Ms. Albina Shankar, Executive Director of Mobility India also graced the occasion. Dr. Thelma Narayan, Director and co-founder of SOCHARA was present both as head of her organisation and resource person from SOCHARA. Ms. Albina Shankar addressed the gathering, saying how momentous it was that the 3 organizations: Mobility India, Public Affairs Foundation and SOCHARA were coming together to implement such a training programme. Frontline health workers were often the first to identify those with disability. Therefore, this training was important.



## Staff skill upgradation

Rehabilitation team members underwent a two days' skill upgrading training on "Gross Motor Function Classification System" - GMFCS and "Gross motor functional measure" – GMFM. The training sessions were conducted at Chikkanayakanahalli, Turuvekere taluks of Tumkur District, and Chamarajanagara District.



The team received valuable on-the-job training to effectively utilize the classification system to assess the levels of children with cerebral palsy. This scaling process greatly enhanced the understanding of where each child fits within the spectrum and enable to plan interventions accordingly to promote the well-being and development of the children.

## Virtual participation in the 21st Staffordshire Conference on Clinical Biomechanics.

Technical staff and students virtually participated in the 21st Staffordshire conference on Clinical Biomechanics which was held on 18th to 20th May 2023. The conference was centered around musculoskeletal biomechanics and assistive technology, featuring sessions on movement analysis, rehabilitation, and the biomechanics of the diabetic foot. Keynote speakers highlighted the latest advancements in the field and emphasized the role of technology in understanding biomechanical principles for patient diagnosis and management. The insights gained from this event will further enhance the ability to deliver quality services for people in need.





## PODOCON 2023 – DFtech- Conference on Technologies and Therapeutics for Diabetic foot.

Technical staff and students virtually participated in the conference held on 27th May 2023 and gained the knowledge on the latest therapeutic interventions for Diabetic Foot Conditions and therapeutic options. Bengaluru.



## Dental screening program

In collaboration with the District Medical College and Dental Medical Department in Chamrajnagar, Mobility India organised the Dental and General Health screening program for children with disabilities and their parents. The event focused on providing children with necessary dental and general health care.



Dr. Premanath, Head of the Department, Ms. Gayathri Ramesh and Dr. Vajid, Dr. Sidrha of Dental Health, Medical College Chamaranagar, sensitised the participants about dental health and stressed the significance of maintaining oral hygiene, including proper tooth brushing techniques. In addition, the children were encouraged to have more fruits and vegetables for their physical well-being. 112 children with disabilities and their parents participated.



**Sensitization program for the parents of Children with Intellectual disabilities** was organized in Huliya village, Chikkanayakanahalli Taluk. The program was inaugurated by Anuradha Nandakumar, Founder of ID Parents Association Mysore, Mr. Nagaraj, President of ID Parents Association and Mr. Ramesh, District Disabled Welfare Officer Tumkur.

70 parents participated and gained knowledge on the causes of intellectual disabilities and the parent's role in daily living activities such as toileting positions, trunk control, bilateral stimulation and drooling management. Information on skill development training, importance of adolescent girl children's health and hygiene, membership in the parent's association, and Niramaya health insurance.



## Corporate Corner- CSR activities

### Mobility India's Successful Participation in TCS 10K Marathon

Mobility India actively participated in the 15th edition of the TCS 10K Marathon, which took place on May 22nd, 2023. This year, we joined forces with Jayanagar Jaguars, India's premier running and training academy, and Navitae, a fitness group.

The event was held virtually for the first time, allowing participants from all over to join in, regardless of their location. 216 members, passionate about our cause, took part in the marathon to raise resources for Mobility India's objectives.

We express our heartfelt gratitude to all the participants, sponsors, and well-wishers who contributed to the success of this event. Your support enables us to continue our mission.





Corporate CSR teams from Altimetrik India Private Limited and ANZ visited Mobility India and actively participated in play therapy and supported in the painting of the developmental devices, adding vibrancy and interactivity. Thanks to Altimetrik India Private Limited's generous support, five service users received assistive devices.

We express our gratitude to these corporate partners for their commitment to support our cause.



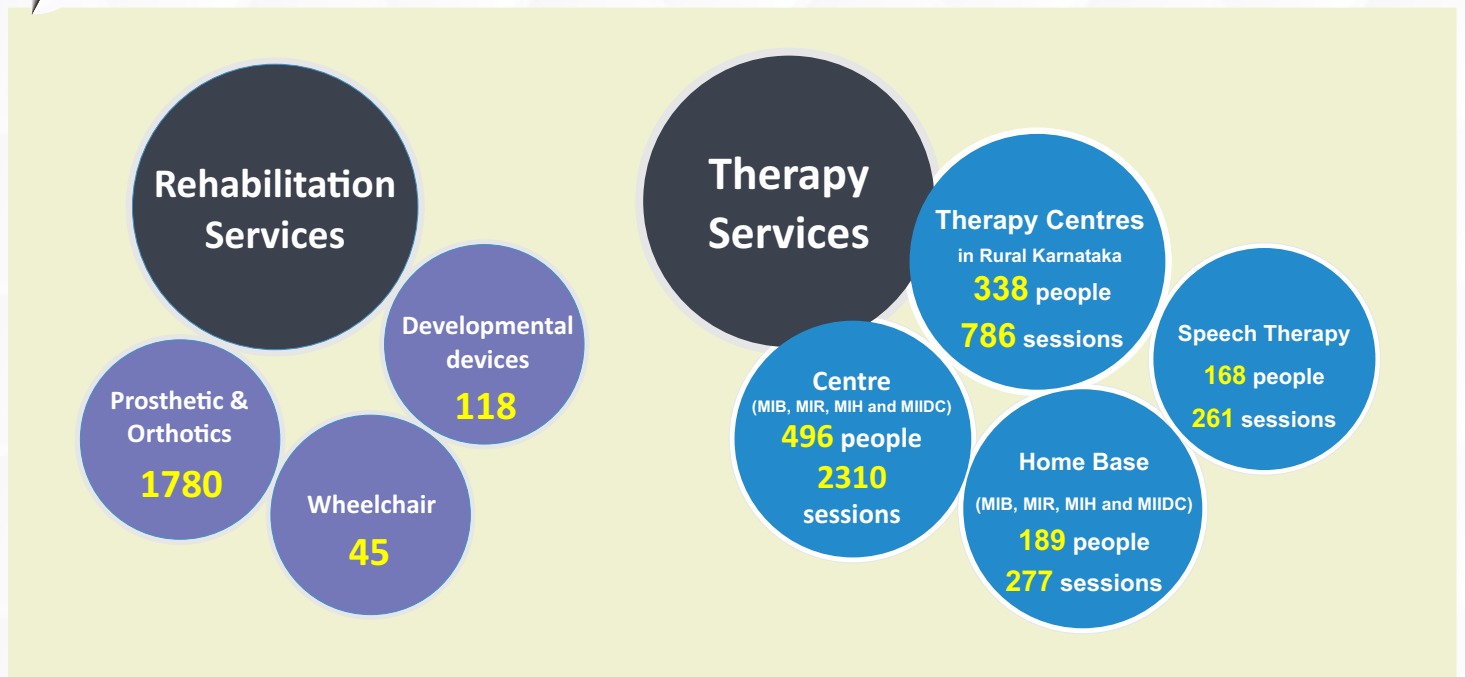
**MHS Retro Musical Concert** was held at the Chowdiah Memorial Hall. At the event, a stall was set up to raise awareness on the availability of the Rehabilitation and Assistive Technology services and the various training courses at Mobility India. A captivating video highlighting our organization's efforts played at the beginning and during the intervals of the program.

We extend our gratitude to the organizers of the MHS Retro Musical Concert for providing us with this opportunity to connect with the community and spread awareness about our cause.





## Our Reach



## Arbin's Inspiring Journey: Overcoming Challenges with Physiotherapy and Assistive Devices

Arbin, a 7-year-old girl from Bangalore was diagnosed at the age of 6 months having severe mobility issues.

Arbin began physiotherapy sessions at Mobility India when she was 2 years old. Initially unable to sit or stand, she relied on her parents for daily chores. The therapy focused on improving her motor skills. In just 4 months, Arbin achieved the milestone of sitting without any support.

Mobility India provided a floor table, Ankle Foot orthosis, twin device, knee and elbow gaiters that enhanced her mobility. With regular therapy and the support of assistive products, Arbin is able to sit, stand, and walk independently and attends school. Arbin's progress allowed her to attend school. Her newfound mobility brings joy to her parents, who are grateful for her increased independence.

Arbin's journey demonstrates the importance of physiotherapy and assistive products for children with cerebral palsy. Her story inspires other children like her to be independent and be in school.

Join the mission of Mobility India and make a difference in the lives of children like Arbin who are in dire need of essential assistive products and therapy services to achieve a better quality of life.

Together, let's reach out to **500 children** in need and provide them with the opportunity to thrive.





# Support Us

Let's come together and support children and people with disabilities in gaining access to health and rehabilitation services, empowering them to lead a better quality of life.

Therapy Services



Educational



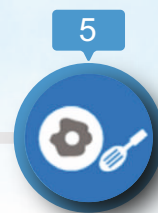
Developmental  
Devices



Assistive Device



Nutrition Food



Your generous donations will make a significant impact on their lives!

**Donate Now!**



I Would like to

## Give Monthly

Nutrition Food Per Child	Rs. 300
Therapy for 1 Session Per Person	Rs. 500
Assistive Devices	Rs. 9500
Developmental Devices Per Child	Rs. 10000
Wheelchair	Rs. 20000

## Give Once

Nutrition Food	Rs.10000
Therapy for 20 sessions	Rs.10000
Assistive Devices	Rs. 50000
Developmental Devices	Rs. 50000
Wheelchairs	Rs. 100000

## MOBILITY INDIA

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