

Mobility India helps fight COVID-19 - Vaccination drive at Chamarajanagar

Mobility India has been providing humanitarian aid since the time COVID 19 pandemic hit us and reached many people living in the rural areas of Karnataka and Assam.

The vaccination drive focus was in remotest rural areas for the most vulnerable or excluded people who reside in Honganuru and Arakalavadi (Primary Health Centres) each of which covers a population of about **32539**, across **21** villages of Chamarajanagar Taluk in Karnataka. This program is in collaboration with the Primary Health Centre, Block and District level health departments. The objective is 100% vaccination coverage.



Training support on the ground for Thirty four PHC/CHC health staff and program management staff members. Mobilizing communities for vaccination, information dissemination, planning, and logistics for ensuring access to vaccination; Support of storage equipment, carrier box, addressing hesitancy and myths among the people, providing transportation, building database of the population who received the vaccination, and follow-ups for the second dose. Appropriate COVID 19 protocols to be followed at all times.

The community resource team, with the assistance of ASHA and Anganwadi, conducted door-to-door surveys and organized village-level camps at Honganuru and Arakalawadi primary health centers. In Honganuru PHC **35511** people received vaccinations and in Arakalawadi **4083** PHC people received vaccinations.



Stakeholders Meeting at Mobility India Inclusive Development Centre, Assam

There is a profound unmet need for rehabilitation in the Northeast region, which highlights the importance of strengthening health systems to provide rehabilitation. With aging populations and an increase in the number of people living with chronic disease, rehabilitation is a priority that needs to be delivered.

MI recognizes that establishing and strengthening networks and partnerships in rehabilitation is important and there are multiple mechanisms by which rehabilitation can do this, and be tailored to the organization of services in the local context and possible referral mechanisms of service users to MI center to increase access to rehabilitation



One day Stakeholders meet was organized in collaboration with the International Committee of the Red Cross (ICRC), New Delhi. Discussions were held regarding the establishment and enhancement of access to rehabilitation services for people with disabilities, as well as improving referral mechanisms between stakeholders.

State Program Officers of Inclusive Education, SSA, Assam, State Consultant, RBSK, NHM, Assam and District Coordinator, RBSK, NHM, Kamrup Metro, Indian Red Cross Society, Barooah Cancer Institute, Jirsong Asong, Women Development Centre, St. John's Hospital, Baptist Christian Hospital, Cure India were part of the program.

The workshop paved the way for collaboration among different government agencies, community organizations, and hospitals to provide quality physical rehabilitation services and assistive technology to persons with disabilities in the region through MI and strive to bring about positive changes to their lives.

Capacity Building Programs :

Two days training on Community wheelchair awareness program for Anganavadi teachers, Village Rehabilitation workers, and BERTS at Chikkanayakanahalli and Turuvekere Taluks, Tumkur District was held. Developmental milestones, common disabilities of children, types of wheelchairs, and how they should be administered with appropriate assessments and customizations for the needs of the service users was conducted. Thirty-five Anganwadi teachers, 32 Village level rehabilitation worker (VRWs) and two BIERTs participated.



children with disabilities. The training was attended by 30 representatives.

A two-day training program on "The RPD ACT 2016 and the 5% reservation from Grama Panchayath" was conducted for VRWs at the Chikkanayakanahalli Taluk.



Four training and sensitisation programs were conducted at Gangodanahalli, Koramangala, Umerbhag, Pragathipura, Kumaraswamy layout and Yarab nagar Primary Health centers staff and Asha workers for children, youth, SHG and DPO members on COVID 19, its appropriate behavior, Children Rights and Protection, Prohibition of Child Labour, Child Marriage, Psychosocial Problems of Children, the importance of education, nutrition, Sexual harassment, children trafficking, and Gender. The purpose of the training was to share knowledge with parents who send their children to part-time work and to create awareness of children's protection. Ninety-three members attended.



The Wheelchair Service Training Package-Basic Level (WSTP-B) online training was conducted from Sept 5 to 14, 2021 by MI in conjunction with local facilitators from the International Committee of the Red Cross, Sudan. The training program was attended by 12 participants (PT and P&O) from NAPO, ICRC Sudan, and their local partners. The chief guest of the closing ceremony was the Local Ministry and the Indian Embassy in Sudan. Participants appreciated the quality of the training.



Training on Menstrual Health, Hygiene, and Management

A one-day training was conducted at Anjanapura, Bangalore slum for adolescent girls with disabilities. They were provided information about problems faced by girls during menstruation, menstrual hygiene, myths, identifying common issues, use, and disposal of sanitary napkins, natural remedies to relieve cramping, and being active and engaged. Thirty-five girls participated and gained knowledge.

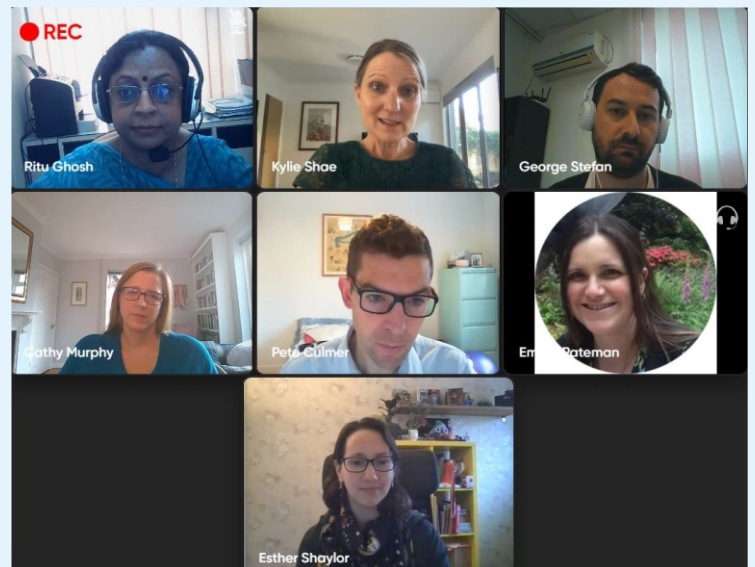


Mobility India virtual representation at an event organized by Institution of Mechanical Engineers (IMechE), London.

Institution of Mechanical Engineers is an international organization of mechanical engineers for promoting, developing, exchanging information, and encouraging innovation.

The IMechE held a virtual conference on 17th November 2021. The theme of the conference was "Incontinence technology in low resource settings". Mrs. Ritu Ghosh, Academics Director, represented Mobility India at the meeting. She was a panelist at a session organized by WHO,

UNICEF, and the University of South Carolina and hosted by Leeds University as part of the IMechE Challenge. She also shared her experience regarding absorbent products with the WHO TAP Team and other research partners. 60 engineers attended to understand the gaps, challenges, and evidence available in incontinence technology provision in low-resource settings.



International Day of Persons with Disabilities

Mobility India in collaboration with Samagra Siksha Abhiyaan (SSA) at the Polasong L.P. School, Dimoria Block, Kamrup (M), Assam organised an event, the program was attended by district-level education officials, eminent writers, local government officials, school teachers, community members, children with and without disabilities, parents, and caregivers on December 3

The event featured recreational activities like singing, dancing, drawing competitions, and inclusive games. Books were provided to winners and participants to encourage reading.



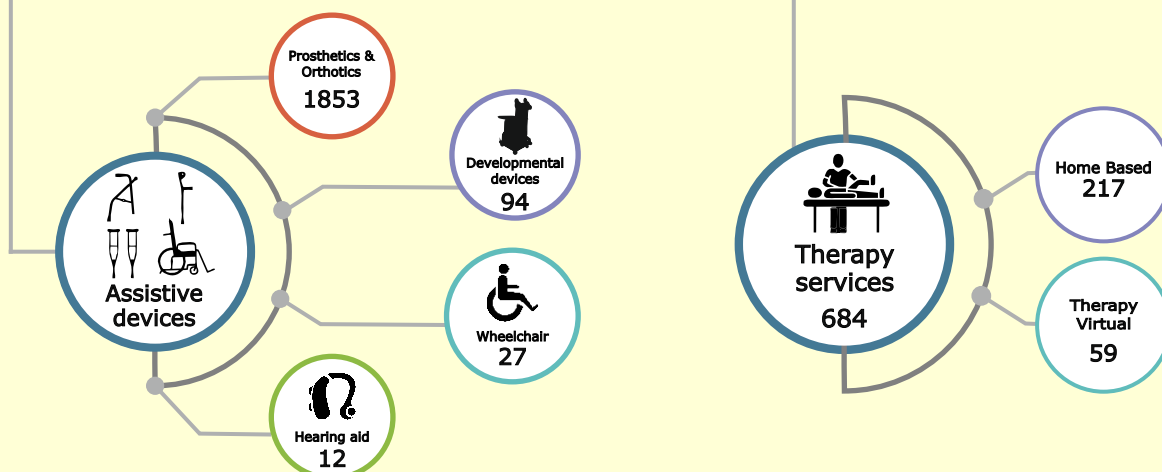
https://youtu.be/_TxqjK1M4rU

Provision of Rehabilitation & Assistive Technology and Therapy services

Mobility India, through its rehabilitation services, provides support to people with disabilities through purposeful activities, assistive devices, and/or modifications to their environment so that they can reintegrate into their home, work, and community and live a more independent and meaningful life.



Rehabilitation services



Parineetha, 3 years old, lives with her family in Chamrajnagar. Parineetha was a bundle of joy for her family, but this did not last for long. When she was eight months old, she had epilepsy. Medication enabled her to manage the condition. A few days later, the parents observed that her developmental milestones were delayed and that she did not have neck control as other children her age did. She was subsequently diagnosed as having cerebral palsy. Through regular therapy, she gained control of her neck.



She was referred to MI for rehabilitation by a doctor in Mysore. Parineetha was fitted with an ankle-foot orthosis, knee gaiter, and standing frame at Mobility India following an assessment.

Before the intervention, she was unable to speak, sit and stand independently, had muscle tightness, and also had balancing problems.

Currently, she receives regular therapy at MI and can sit and stand independently, her neck balance is under control, and she is attempting to walk a few steps. She can eat by herself and play with her peers.

According to her mother, there is a significant improvement in the child's condition, since acquiring the standing frame and therapy services. They are happy with the service and pleased to see their child's progress.



Sesha Sainath is a 21-year-old male native of Andhra Pradesh. A B.Sc. degree holder, he has great enthusiasm for pursuing a career as a software developer. Five years ago, Sesha (16 years old at the time) began suffering from severe pain in his spine and hip area. As a result, he was diagnosed with Ankylosing Spondylosis, which impacted his ability to move his lower limbs. He was then entirely dependent on his parents and friends for support to complete his daily activities. He was referred to Mobility India by a physician from Andhra Pradesh.

Sesha was wheeled into Mobility India in a wheelchair. Regular therapy was provided, and within a week, he was able to walk for the first time with the assistance of a walker and crutches.

Having observed the improvement, he is motivated and regularly attends the sessions. He has begun walking independently.

Let's get together and support children and people with disabilities
to have access to health and rehabilitation services
and lead a good quality of life



Nutrition Food
₹ 500/-



Therapy Session
₹ 500/-



**Developmental
Devices** ₹ 8,000/-



Education
₹ 5000/-



Assistive Devices
(Caliper, crutches and walkers)
₹ 8,000/-

Donate Now

I Would Like to

GIVE MONTHLY

- Nutrition Food Per ChildRs. 300
- Therapy for 1 Session Per Person.....Rs. 500
- Personal Protection Kit.....Rs. 800
- Assistive Devices.....Rs. 8000
(caliper; Crutches and Walkers)
- Developmental Devices Per Child.....Rs. 8000

GIVE ONCE

- Nutrition FoodRs.10000
- Therapy for 20 Sessions.....Rs.10000
- Personal Protection Kit.....Rs. 8000
- Assistive Devices.....Rs. 40000
(Caliper; Crutches and Walkers)
- Developmental Devices.....Rs. 40000

> | DONATE NOW THROUGH BANK

> | DONATE NOW THROUGH GOOGLE PAY

Regd. Office

MOBILITY INDIA REHABILITATION RESEARCH & TRAINING CENTRE

1st & 1st 'A' Cross, J. P. Nagar,
2nd Phase, Bengaluru - 560 078
Phone: +91-80- 2649 6999 / 2649 2222
2659 7337 (Ext - 101)
Telefax : +91-80-2649 4444 Ext - 114
e-mail@mobility-india.org

INCLUSIVE DEVELOPMENT CENTRE

Dhupguri Ouzari Road,
Near Cement Bricks Factory, Dhupguri
(P.O.), Dhupguri, Dist- Kamrup (M), Assam
Pin : 782403
Phone: +91 6901 060 953
idcprojmgr@mobility-india.org

CBR CENTRES

Chamarajanagar District
Urban Slums, Bengaluru.
Turuvekere and
Chikkanayakanahalli Taluks

Printed & Published by Mobility India for private circulation only

www.mobility-india.org