



# NEWSLETTER

July - Sep 2021

## MOBILITY INDIA TURNS 27!

On 2nd August 2021 Mobility India stepped into 27 YEARS of its existence in the Disability, Development and Rehabilitation sector, on a strong foundation of values.

### Vision

An inclusive and empowered community, where people with disabilities, their families and other disadvantaged groups, have equal access to education, health, and livelihood and enjoy a good quality of life.

### Priority

People with disabilities, the poor, particularly children, women and older people.

### Core Values

- Respect
- Honesty
- Innovation
- Safety
- Quality



### Reach:



Assistive Devices and Therapeutic interventions: **231907**



Education & Research: **5400** candidates representing **33** countries and **25** states of India

### CBR - Reach:



Health **289514**



Accessible toilet **610**



Education **82164**



Livelihood **25724**



Social **72837**



Empowerment **52493**



Development and Promotion of Appropriate Technology **340** products



**180** partners across South, East & North-Eastern States of India.



MI supported establishment of Orthopaedic & Therapeutic facilities for **46** partners from **13** States of India.



**52,601** people with disabilities benefited through the Assistive Devices & Therapeutic Intervention from MI through grassroot organizations.



MI- Chamrajnagar - The 27th Anniversary celebration was organised in association with the education department. Mr Lakshmiopathy, Block Education officer, BRC Mr Govindaraju, BIERTs Mr Rebello and Ms Sunithamma were part of the program. Ms Albina Shankar, Executive Director and Mr Anand S N Senior Program Manager virtually joined in the celebration.



## Mobility India Alumni Mentorship Program (MIAMP)

On 3rd July, MI alumni participated in the 10th Online Alumni Mentorship Programme titled, "Become an Internationally Certified Wheelchair Service Provider (WSP) - Recent Guidelines". **88 participants representing 13 countries, including Cameroon, Somalia, Yemen, Lebanon, Solomon Islands, Tango, Afghanistan, Albania, Saudi Arabia, Malaysia, Bangladesh, Nepal, and India, attended the training.** Ms. Vennila spoke about MI's initiatives that seek to train rehabilitation professionals throughout the country, as well as their efforts to include the World Standing Platform in their professional training and the development of BPOs (#BPO) that have been recognized by RCI. In addition, she emphasized the demand for Certified Wheelchair Service Providers (WSPs) along with some success stories of MI alumni recruiting WSTP Basic Trainers. Ms. Krithika from ISWP, Pittsburg University, USA, shared information on the importance of obtaining ISWP certification, its validity, and the steps involved in the renewal of certification in accordance with the recent WSP guidelines. The training provided the alumni and the students with an opportunity to learn about the latest developments and trends, and how they could upgrade their knowledge.

### ALUMINI MENTORSHIP PROGRAMME

**Become an Internationally Certified Wheelchair Service Providers(WSP)**  
- Recent Guidelines

**PARTICIPANTS**  
Limited to Mobility India Students & Alumni

**LIVE WEBINAR**

**SPEAKERS**

**MS. KRITHIKA KANDAVEL**  
RESEARCH AND TRAINING COORDINATOR,  
International Society Of Wheelchair Professionals  
Department Of Rehab Science & Tech  
University Of Pittsburgh

**MS. VENNILA PALANIVELU**  
SENIOR MANAGER - THERAPY TRAINING  
ISWP Certified Wheelchair Trainer  
Mobility India, Bangalore

**MODERATOR**  
MS. SHUBHLATA  
TRAINER P&O  
MOBILITY INDIA, BANGALORE

**ORGANISED BY:**  
MOBILITY INDIA,  
BANGALORE, INDIA

**FOR REGISTRATION:**  
<https://forms.gle/6BzMK8owczFK6HqU6>

Sat, 3rd July 2021 - 4:00 pm to 5:00 pm  
IST (Indian Standard Time)

★ An Opportunity to Upgrade For Old Certificate Holders





# World Senior Citizens' Day 2021: A day specifically dedicated to the next generation's builders

**MOBILITY INDIA**  
Respecting people's abilities

**ICRC**

## CRE Webinar On "Fall and The Older Adults"

**LIVE WEBINAR**  
August 21st, 2021  
Timing: 10AM To 4PM  
Credit Hours : 6

**CONTENTS :**

- Prevalence and risk factors for falls in older adults
- The effect of aging and common conditions
- Consequence of falling
- Basic screening for older adults and interventions including Assistive Technology
- Fall prevention strategies
- Evidence and Recommendations on falls management in older people
- Current Research

**RESOURCE PERSONS :**

**INTERNAL FACULTY**

**Mr. SAMA RAJU**  
Physiotherapist  
Asst General Manager- Therapy Services And Assistive Technology/Mobility India, Bengaluru

**EXTERNAL RESOURCE PERSON**

**Ms. ROANNA BRAGANZA**  
Rehabilitation Physiotherapist, Mumbai  
Ex - Falls Lead (London)

**INTERNAL FACULTY**

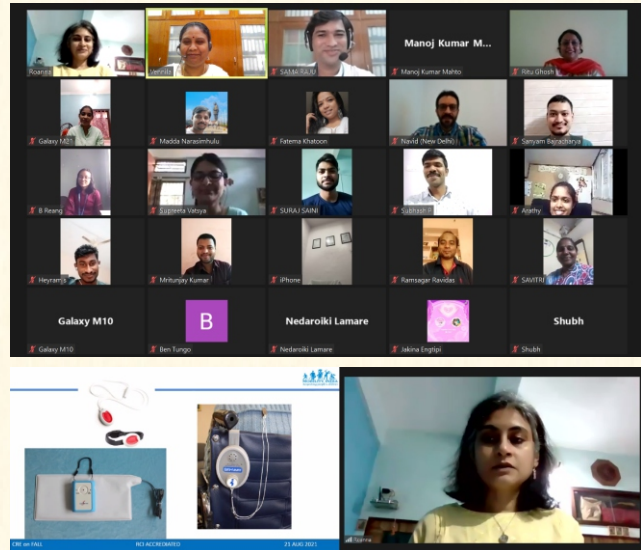
**Mr. RAJDEEP KUMAR**  
Prosthetist & Orthotist  
Senior Manager - P&O Training, Mobility India, Bengaluru

**TARGET AUDIENCE :** Health Care Professional Includes Prosthetist & Orthotist, Physiotherapist, Occupational Therapist, Rehabilitation Therapist, Psychologist/Special Educator, Social Worker & PG Students.

**For Registration: Click**  
<https://forms.gle/4oRm8LANwcjBps2R6>

**REGISTRATION FEES:** (NR. 400/-)

**ORGANISING INSTITUTE:** MOBILITY INDIA, BENGALURU.



The World Senior Citizens' Day is observed annually on the 21st of August to honor the contributions that elders make to society and its people. The purpose of the day is to raise awareness about issues related to the elderly such as abuse and degeneration.

Mobility India has observed an increase in the number of elders who need rehabilitation. The health of these older individuals has become a growing concern. It has become necessary to ensure that senior citizens receive appropriate healthcare and support. On 21st August 2021, Mobility India organized an RCI accredited CRE on "Falls and the Elderly". Mr. Navid Dadbin, Regional Physical Rehabilitation Project Manager, International Committee of the Red Cross, New Delhi, inaugurated the event.

Roanna Braganza of Mumbai was the external resource faculty, while Mr. Rajdeep and Mr. Raju were the internal resource persons. Panellists emphasized the importance of maintaining the functional ability of older people, as well as timely prevention measures that should be taken to prevent illness and disability.

## WHO - Training in Priority Assistive Products (TAP)

Training in Priority Assistive Products (TAP) was developed by WHO to improve community access to assistive products. As a result of the six training modules, the primary care/community healthcare workforce will be able to safely and effectively provide 25 basic assistive products selected from the Priority Assistive Products List. Various functional aspects are addressed, such as mobility, vision, cognition, communication, hearing, and continence.



On 16th & 17th August 2021, Mobility India conducted a training session on the Absorbent Module. 28 members participated. A practical session was offered with service users suffering from incontinence problems following the 4 steps of service provision and the use of absorbent products.



## Training for Bangalore South Zone BIERTs (Block Inclusive Education Resource Teachers):

A three day orientation program was organized for Block Inclusive Education Resource Teachers of Bangalore South Zone, on the topic of inclusive education and rehabilitation, from 6th to 8th September 2021 in collaboration with Mobility India, the Spastic Society of Karnataka, and the Association of People



with disabilities. Twenty teachers attended the workshop and acquired information on Classroom Management, learning processes, Individual Education Plans, community and parent involvement in inclusive education, assistive devices, therapy services, daily living skill training, and how to plan and implement activities at school and therapy centers. Participants in this training program included Raghu Chandra, Vahida, Chetana, Lalitha, Raghunath, Veena, and Neelima from the Azim Premji Foundation.

## Awareness program on COVID-19 and Children Rights.



There were six training sessions held at Rajendranagara, Anjanapura, Gangodanahalli, and GG Halli for 116 parents and youth. COVID 19 Appropriate behaviour, Children Rights, Children Protection, Child Labour, Child Marriage, psychosocial problems of children, the importance of education, nutrition, sexual

harassment, childline number, prohibition of begging, children trafficking were the topics discussed during the orientation.

## Menstrual Hygiene Management Enables Women and Girls to Reach Their Full Potential

Women face many social, cultural, and religious restrictions due to menstruation and menstrual practices that pose a great barrier to menstrual hygiene management. The majority of girls, particularly those with disabilities, are not prepared or aware of menstruation, so they face many difficulties and challenges at home, in school, and at work.



Mobility India conducts orientation for adolescents especially those with disabilities in order to address these issues. During this quarter, three training sessions were conducted at Banashankari, Fayazabad, and GG Halli schools, where 83 girls were trained. Girls learned about menstrual hygiene and management, sanitary pad disposal, the use of sanitary cups rather than pads, pain management, and the necessity to eat nutritious food.

## Eradicating Malnutrition

**Muhammad Ali** 12 years old boy lives with his parents and siblings in Bangalore. Father is a carpenter. The mother runs a stationery shop and takes care of the children.

Muhammad Ali was diagnosed with Cerebral Palsy. Mobility India identified him and after an assessment, he was provided with home-based therapy intervention and also supported him with assistive devices such as a special chair and AFO. This intervention by MI was enabling him in gradually reaching his developmental milestones. Due to the pandemic and lockdown, both the parents lost their income and Muhammad Ali could not get nutritious food, leading to ill health. He was frequently getting sick and falling ill due to lack of nutrient support /intake. Mobility India reached out by providing him with nutritious food. He is now responding well and recovering from his illness, gaining his strength slowly.

Similarly, 100 children with disabilities like Muhammad Ali are supported with nutritious food. Children are responding well and recovering well.



## Livelihood Restoration for People With Disabilities



**Najmunnisa**, a 57- year-old woman, lives in Bangalore with her ten children. Her two sons are the only members of the family who earn a living. Her husband recently passed away.

Najmunnisa worked in an Agarbathi (incense sticks) shop. Her health was deteriorating, and she also suffered from hearing and vision problems. She was unable to continue in the employment.

Mobility India identified her and she is a member of the self-help group. She was assessed and it was discovered that she is good at cooking and has the desire to open a small dosa center. MI facilitated, and she received seed money, which enabled her to open a dosa center at her home. Mobility India has also provided her with a hearing aid and spectacles.

Mobility India has enabled **385** people to re-launch and upgrade their small businesses, earning an income to support their families.



## Provision of Rehabilitation & Assistive Technology and Therapy services

Two therapy centres have been established at Chikkanayakanahalli and Turuvekere to provide therapeutic and other necessary rehabilitation services to children with disabilities. 20 children with disabilities received therapy sessions as per the need. Parents were oriented about home based therapy and benefits of therapy intervention.



Seven-year-old **Kusuma** lives in Maadihalli village, Her father works as a daily wage worker, her mother is a homemaker, and she has one younger sibling.

Kusuma has been diagnosed with cerebral palsy and epilepsy for which she is under-medication. The developmental milestones are delayed, there is no neck control and she suffers from poor balance, as well as poor vision. She is unable to sit or stand.

Kusuma has been receiving treatment at a hospital in Hassan. An assessment program was organized at Turuvekere by MI, where Kusuma had visited, and after those assessments, she was provided with a Left AFO to assist Kusuma in standing and

walking. Additionally, she is enrolled in therapy sessions since she is still dependent on her mother for all of her daily activities. She also has difficulty holding objects and her right-hand fingers are weak.

Subsequent to the therapy sessions, there has been substantial improvement in her development, and her seizures are under control. She is now able to speak and walk with support. (Please check this for factual accuracy)

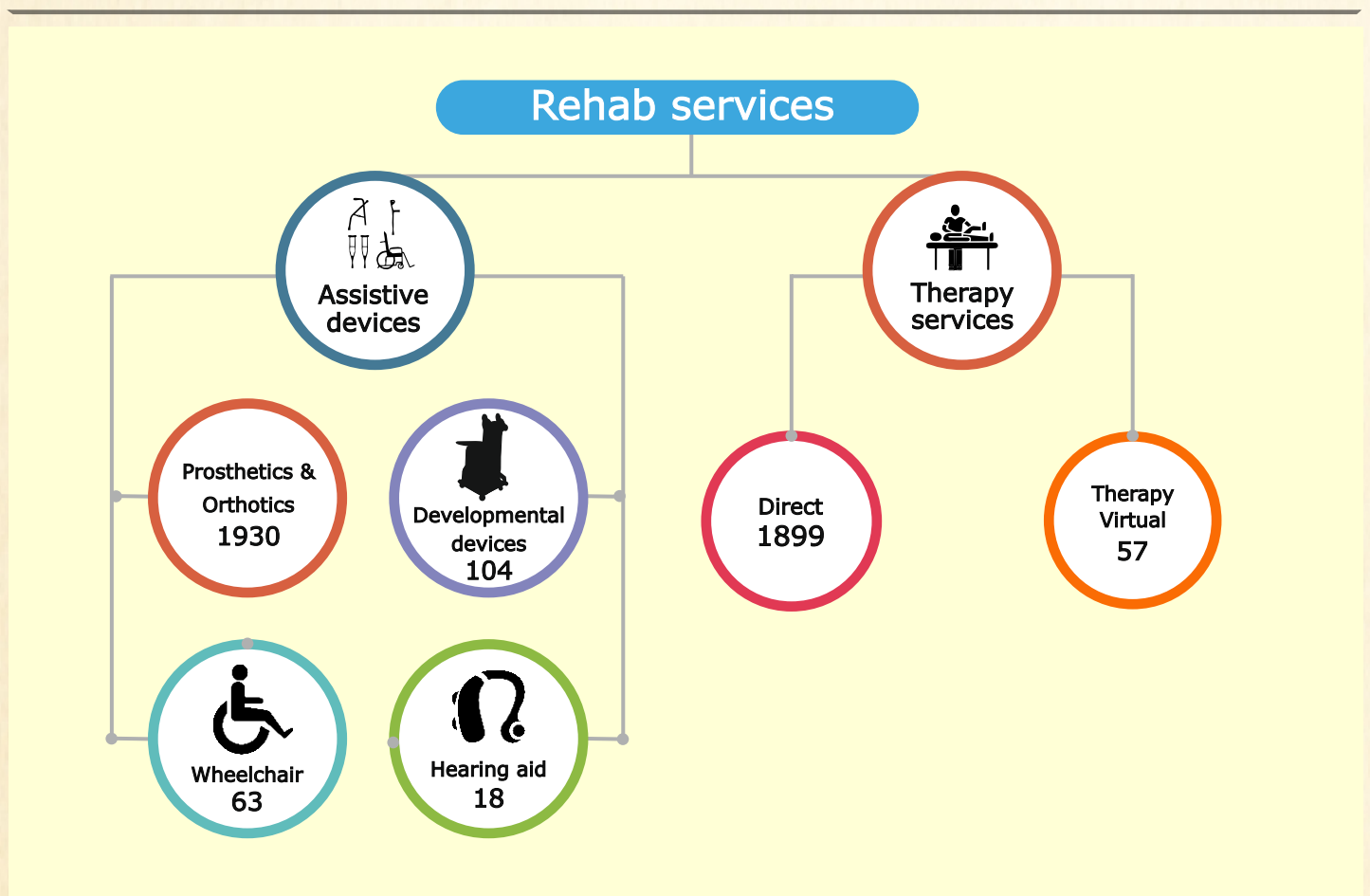
Kusuma's parents are confident that with therapy and the aid of assistive devices, she will reach her developmental milestones. She will be able to manage her daily living activities and attend school independently.

**Indu Tripathi** a retired bank employee shares about the intense trauma she experienced back in February 2020. The mother of two, was diagnosed with brain tumour in the Pituitary gland region which controls blood pressure and many vital physical functions. She underwent surgery for tumour removal. Indu and her family were happy to see the recovery from the surgery but her trauma did not end. During her recovery period, she suffered a stroke affecting her left side and had weakened the heart making her bed ridden for 6 months, incapable of any movements on the left side of the body (Left Hemiplegia).



Her husband compared her to a horse because she was active, but now she is dependent on others for all her activities. Indu's spirit of perseverance has not been dampened by these events.

MI was recommended by her doctor for rehabilitation. In a wheelchair, she arrived at MI to begin her treatment. As a result of her continued rehabilitation, she is now able to move her left hand and leg with the assistance of a crutch and an ankle-foot orthosis on her left foot. She is pleased with the progress and support she has received from the therapy at MI, but she has no intention of giving up on her quest for full independence.



Many people are waiting for a the chance to overcome their barriers. Together, let's bring back the smile on the faces of those in need.



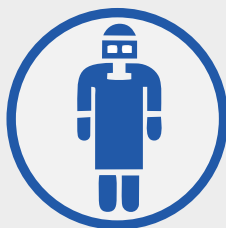
**Nutrition Food**  
₹ 500/-



**Therapy Session**  
₹ 500/-



**Developmental Devices** ₹ 8,000/-



**Education**  
₹ 5000/-



**Assistive Devices**  
(Caliper; crutches and walkers)  
₹ 8,000/-

*Make a difference  
in the life of a person  
in need by supporting  
them with your  
generous gift.*

## I Would Like to

GIVE MONTHLY	GIVE ONCE
<ul style="list-style-type: none"> <li>• Nutrition Food Per Child .....Rs. 300</li> <li>• Therapy for 1 Session Per Person.....Rs. 500</li> <li>• Personal Protection Kit.....Rs. 800</li> <li>• Assistive Devices.....Rs. 8000 (caliper; Crutches and Walkers)</li> <li>• Developmental Devices Per Child.....Rs. 8000</li> </ul>	<ul style="list-style-type: none"> <li>• Nutrition Food .....Rs.10000</li> <li>• Therapy for 20 Sessions.....Rs.10000</li> <li>• Personal Protection Kit.....Rs. 8000</li> <li>• Assistive Devices.....Rs. 40000 (Caliper; Crutches and Walkers)</li> <li>• Developmental Devices.....Rs. 40000</li> </ul>

**> DONATE NOW THROUGH BANK**

**> DONATE NOW THROUGH GOOGLE PAY**

Regd. Office

### MOBILITY INDIA REHABILITATION RESEARCH & TRAINING CENTRE

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### CBR CENTRES

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Urban Slums, Bengaluru.  
Turuvekere and  
Chikkanayakanahalli taluks  
centres.

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