



**Mobility India (MI)** was established in Bengaluru, as a registered society, in 1994. MI promotes inclusive development work by providing education and training programmes in the areas of assistive technology, including prosthetics, orthotics & wheelchairs, rehabilitation therapy, community based rehabilitation, and accessibility. MI provides services related to rehabilitation and assistive technology to facilitate better quality of life for people with disabilities, especially those who are poor and disadvantaged.

Its Rehabilitation Research and Training Centre (RRTC) in Bengaluru was set up in 2002. A model of disability friendliness, the RRTC spearheads all MI activities. MI's Regional Resource Centre in Kolkata, established in 1998, caters to the rehabilitation needs of the relatively economically backward North-Eastern Region. In addition, MI has Field Offices for its CBR projects in urban slums of Bengaluru, Jigani, Anekal Taluk and Chamarajanagar, Karnataka and Garden Reach, Kolkata.

Mobility India's vision of an empowered and inclusive community, points to a future in which there is greater equity and neglected population such as people with disabilities, elderly people and other marginalised groups are part of the development, as an equal member.

One of the key objectives of MI is training personnel in Rehabilitation Therapy. MI has been over the years working with policy makers, healthcare institutions, civil society organizations, and academia and rehabilitation therapy practitioners to improve human capacities and service delivery of rehabilitation therapy. Over 70% of MI's trainees for its prosthetics & orthotics training and rehabilitation therapy course come from the South Asian Association for Regional Cooperation (SAARC) Region.

### **Delegation**

The members will comprise of Physiotherapist, Occupational therapists, Prosthetists and Orthotists, Medical practitioners, CBR professionals and Policy makers from within India and the SAARC region (Afghanistan, Bangladesh, Bhutan, Maldives, Nepal, Pakistan and Sri Lanka).

The experts from the field will share their experiences of best practices in Rehabilitation Therapy, which is aimed to broaden the collective knowledge base and also provide cross-learning opportunities to the participants, to achieve inclusion of a broad spectrum of people with disabilities.

### **Sub Theme: Best Practices**

(Presentations to be around one of the below three sub-themes)

- Government - legislation, access to entitlements for PWDs.
- Rehabilitation therapy service provision (including mechanisms, technology) & case studies.
- Human Resource and Capacity Development in Rehabilitation Therapy.

# About

## Rehabilitation therapy

Rehabilitation therapy (RT) includes training, exercises & compensatory strategies, education, support & counseling, environmental modifications and assistive devices & technology, which along with prosthetic and orthotic (P&O) devices provides PWDs and their caregivers the skills to use these devices. RT helps restore and compensate for the loss of functioning, and prevents deterioration of mobility.



Rehabilitation involves all types of medical and allied health professionals sharing their expertise with the patients and their families. RT is direct service as well as a supportive and consultative service that provides management of neuromuscular and musculoskeletal disorders that alter functional status. It places emphasis on the restoration and optimisation of function through physical modalities, therapeutic exercise & interventions, adaptive equipment, modification of the environment, education, and assistive devices.

Rehabilitation services are provided along a continuum from wellness, preventative or occupational settings, acute care hospital settings, comprehensive inpatient rehabilitation units, outpatient rehabilitation centers, and long-term self-care management. Recent trends in health care have emphasised the importance of comprehensive rehabilitation for individuals with disabilities.

### Programme

Day & Date	10.00 – 11.00		11.30 – 13.00		14.00 – 15.30		16.00 – 17.00
Wed 10 <sup>th</sup> Dec.	Welcome and opening ceremony	Break 11.00 – 11.30	Plenary Session - 1	Lunch 13.00 – 14.00	Group Discussion	Break 15.30 – 16.00	Group Presentation
Thu. 11 <sup>th</sup> Dec.	Plenary Session - 2		Group Discussion & Presentation		Plenary Session - 3		Group Discussion & Presentation
Fri. 12 <sup>th</sup> Dec.	Plenary Session - 4		Panel discussion		Final Presentation		Closing Ceremony

The conference will take place in the format of parallel sessions, group discussions, sunset seminars and films to help texture the learning and sharing experience for participants.



**Learn and Share  
how to move the region forward....together.**

**Last date**

**Registration: 20<sup>th</sup> Oct,2014**

**Paper Submission: 5<sup>th</sup> Nov,2014**

**MOBILITY INDIA**  
Rehabilitation Research & Training Centre

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